

Pupil teacher observation book

SHRI SHIVAJI COLLEGE OF EDUCATION

(FACULTY OF PHYSICAL EDUCATION)

AMRAVATI - 444 603

NAAC Accredited Grade : B++



**Lessons on Physical Education
(OBSERVATION NOTE BOOK)**

YEAR 20 - 20

Name of the Student Girish Ratnakor

Kukade

Class Bped Section _____ Group _____

Theory Roll No. _____ Practical Roll No. _____

SHRI SHIVAJI COLLEGE OF EDUCATION

(FACULTY OF PHYSICAL EDUCATION)

AMRAVATI - 444 603

NAAC Accredited Grade : B++



Lessons on Physical Education (OBSERVATION NOTE BOOK)

YEAR 20 - 20

Name of the Student Girish Ratnakor
Kukade

Class Bped Section _____ Group _____

Theory Roll No. _____ Practical Roll No. _____

CONTENTS

* अनुक्रमणिका *

| Sr. No. अ.नं. | Date दिनांक | Subject विषय | Signature of Supervisor पर्यवेक्षकाची सही |
|------------------|----------------|----------------------------------|---|
| १ | | इम्बल्स Preamble | |
| २ | | खडी माल पिट Standing mass P.T | |
| ३ | | जोडी Jodi | |
| ४ | | लेझिम | |
| ५ | | Kabaddi side kick | |
| ६ | | Kabaddi Back kick | |
| ७ | | चेंब वनाम | |
| ८ | | ले की पकड | |
| ९ | | कबड्डी कमर की पकड | |
| १० | | Wands | |

Observation of Lesson

पाठ निरीक्षण

क्र. / No.

पाठ घेणाऱ्याचे नांव

वैभव ज. धनंदर

Name of the Student

शाळा/School श्री. शिवाजी college of physical Education

वर्ग / Class B.p.Ed

दिनांक / Date

विषय / Subject

physical education

तास / Period

1st

कालावधी / Time

45

मि. / Minute

पाठ्यांश / Topic / Name of Lesson

१) एकत्रिकरण, उपस्थिती, रिपोर्ट (Assembly, Attendance & Report)

After ~~come~~ teacher will comes
in class introduced to self then
give the introduction to all student.

२) सर्वांग सुंदर व्यायाम / (Warming up Exercise)

All exercise to firstly demonstrate
and then start student
exercise with the counting
1 to 16.

3) पाठ्यांश / Subject Matter

standing mass P.T. Firstly introduced about lesson. Attention in form perform the mass P.T. in standing form. In standing mass P.T. it is found hand exercise. Involvement of 1 to 16

४) शिक्षकांची कृति / The Activity of Teacher

firstly demonstration of mass P.T. exercise with different type of by count. After student will perform.

५) विद्यार्थ्यांची कृति / The Activity of the Student

In the class teacher teach the mass P.T. After teaching the period student will perform very well in count.

(3)

६) पाठ साहित्याचा वापर / Use of Teaching Equipments & Aids

standing mass P.T. No any equipment is used because of student is perform physically.

७) उद्दिष्टांची पूर्ती / Fulfilment of Objectives

Teacher is demonstration in class about mass P.T. is very well teach in class. they perform is good.

८) शिक्षकाचे व्यक्तिमत्व / The Personality of the Teacher

teaching of teacher talking of teacher style become is a good. because of teacher talking to more effective to student capture early.

3) पाठ्यांश / Subject Matter

All equipment used in practical. two or list them give information.

४) शिक्षकांची कृति / The Activity of Teacher

Teacher here performed and demonstrated each and every exercise of dumbbells very clearly and explained all the different style.

५) विद्यार्थ्यांची कृति / The Activity of the Student

student also perform the same activity as demonstrated by the teacher but every one done with different style.

(3)

६) पाठ साहित्याचा वापर / Use of Teaching Equipments & Aids

the teaching equipment and aids which are used are whistle, dumbbells and demonstration method.

७) उद्दिष्टांची पूर्ती / Fulfilment of Objectives

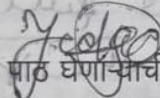
subject of the topic is fulfilled as all student get their objective of exercise.

८) शिक्षकाचे व्यक्तिमत्व / The Personality of the Teacher

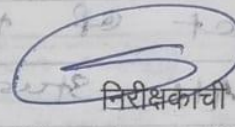
teacher has good communication skill and this make pay his attention toward every student.

९) अभिप्राय / Remark

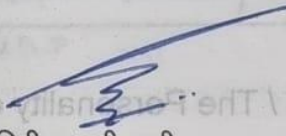
Overall teaching of the
these was good and
students get it very
well


माठ घणोनीची सही

Signature of Pupil Teacher


निरीक्षकाची सही

Signature of Observer


निरीक्षकाची सही

Signature of the Supervisor

Observation of Lesson

पाठ निरीक्षण

क्र. / No.

पाठ घेणाऱ्याचे नांव

Rahul Jarnik

Name of the Student

शाळा/School श्री शिवजी college of physical Education

वर्ग / Class Bped. दिनांक / Date 3 / 1 / 2022

विषय / Subject physical Education

तास / Period 1st कालावधी / Time 45 मि. / Minute

पाठ्यांश / Topic/Name of Lesson Importance of physical Education in human life

१) एकत्रिकरण, उपस्थिती, रिपोर्ट (Assembly, Attendance & Report)

Teacher is entering class and

introduce self and the class

introduction to the student

२) सर्वांग सुंदर व्यायाम / (Warming up Exercise)

Introduction of all the

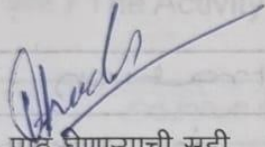
exercise to perform in

class

(8)

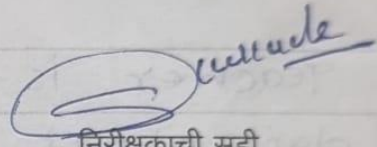
९) अभिप्राय / Remark

After the class observation
of presenting teaching
style of teacher is good.



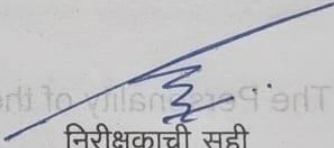
पोठ घेणाऱ्याची सही

Signature of Pupil Teacher



निरीक्षकाची सही

Signature of Observer



निरीक्षकाची सही

Signature of the Supervisor